



# THIS WEEKS MENU

Estd  
1667

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main course</b>	Roast gammon	Pulled beef chilli	Boneless Read fried chicken	Pork Sausages	Meat feast pizza
<b>Vegan main course</b>	Beetroot & chickpea puff pastry roll	Sweet potato & red pepper chilli	Read fried cauliflower	Quorn sausages	Spinach & caramlised onion flatbread
<b>Vegetarian main course</b>	Mushroom & cheddar quiche	Courgette & spinach quesadillas	Sweet potato steak, chimichuri sauce	Quorn sausages	3 Cheese & tomato pizza
<b>Carbohydrate &amp; vegetables</b>	Chips & fried egg or Roast potatoes & broccoli	Rice or Nachos, Mexican corn salad	Baked macaroni, BBQ beans	Mashed potato, Seasonal greens	Seasoned fries, Creamy coleslaw
<b>Jacket potato fillings</b>	Tuna/ Beans/ Cheese	Tuna/ Beans/ Cheese	Tuna/ Beans/ Cheese	Tuna/ Beans/ Cheese	Tuna/ Beans/ Cheese
<b>Pasta Bar</b>	Roast tomato & red pepper (VG)	Beef bolognaise	Creamy mushroom (VG)	Tomato & basil (VG)	Carbonara
<b>Sandwich bar</b>	Tuna/ Ham/ Cheese	Tuna/ Ham/ Cheese	Tuna/ Ham/ Cheese	Tuna/ Ham/ Cheese	Tuna/ Ham/ Cheese
<b>Dessert of the Day</b>	Vegan Brownie	Summer fruit crumble & custard (VG*)	Rice crispie marshmallow slice	Chocolate sponge & chocolate custard	Coconut jam sponge
<b>Dessert pots</b>	Fresh fruit/ Jelly/ Yogurt	Fresh fruit/ Jelly/ Yogurt	Fresh fruit/ Jelly/ Yogurt	Fresh fruit/ Jelly/ Yogurt	Fresh fruit/ Jelly/ Yogurt
<b>Salad Bar</b>	Spring selection of salad (VG)				

Please speak to a member of the team if you have any allergies.