

KEEPING YOUR CHILD SAFE

Below are links to websites which provide parents/carers with useful information about where to go for advice and support

- <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/>
- <https://www.thinkuknow.co.uk/>
- <http://educateagainsthate.com/>
- <http://www.childnet.com/parents-and-carers>
- <http://www.talktofrank.com/worried-about-a-child>
- http://www.youngminds.org.uk/for_parents

The following websites provide support for young people who may need it for a variety of reasons:

- <http://www.talktofrank.com/>
- <https://www.childline.org.uk/>
- <https://writix.com/blog/mindfulness-for-teens>
- <https://www.thinkuknow.co.uk/>